

Ms. Ramya Kannan

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SUMMARY

 Freelance Life-skills Trainer & Counsellor working with a mission to improve the self-esteem & communication skills of people in central India.

EDUCATIONAL QUALIFICATION/SKILLS

- Bachelor of Engineering in Electrical & Electronics Engg, Anna University, April 2006
- Masters in Psychology, Madras University, 2010
- Post Graduate Diploma in Technical Writing, Symbiosis University, 2013
- Certified NLP(Neuro Linguistic Programming) Practitioner

RESEARCH EXPERIENCE

- Conducted a massive study on the Effectiveness of Online classes during COVID19 with 3K students
 The findings of the study were presented to the Education Ministry of Maharashtra, India
- Published a paper in the book "COVID19 Pandemic: Issues, Challenges & Outcomes" edited by Dr. Fr. John P J, et al, Bhopal School of Social Sciences, Bhopal (2020)
- Pursuing my PhD in Psychology from APJ Abdul Kalam University, Indore

PROFESSIONAL ASSOCIATION

• Professional Member of Association of Indian Psychologists, AIP (Nagpur Chapter) since 2021

TRAINING & COUNSELLING EXPERIENCE

Oct 2012 - Current

Freelance Training Consultant & Trainer Work with organisations, schools, colleges, Govt. Institutions & Corporates to identify training gaps & devise and conduct training programmes accordingly.	 Fresher training (for Corporate employees) Soft Skills training (for freshers) Communication workshop (for all age groups) Building Self-Esteem workshops (for all age groups) 'Happy me' workshops (for adults of all ages) Training the trainers (for teachers) Career counselling workshop (for 12th pass outs) Happy Parenting workshop (for parents) Women Empowerment workshop (for girls & women) 'Able-ing the disabled' sessions (for the disabled community)
Asst. Professor, Placement & Training Dept	Placement/Interview training (for college students)
Freelance Counsellor Have rendered counselling services to Corporates, Colleges and individuals	Counselling on below areas : • Career Counselling • Lack of Self-Esteem • Adolescent Problems • Parenting • Relationship issues • Technology Addiction

IT EXPERIENCE Oct 2006 – Jan 2012

Organization	Roles & Responsibilities
Brigita Technologies (2014 - 2015)	PM responsible for delivery of projects & managing requirements of clients
Congizant Technology Solutions (2011 - 2012)	Team Lead for a banking client, Quality Representative & instrumental in CPU reduction changes
Steria India Limited (2006-2010)	Software Engineer, Onsite Coordinator & Team Lead for Mainframe Applications of a UK Retail client Won several company as well as client awards for innovation & professionalism

HOBBIES

• Writing - I love writing on topics of human behaviour and other experiences of life. Have contributed more than 100 articles to English newspapers in central India

REFERENCES

- Mr. Mahesh Ramakrishnan, Chief Technology Officer, AINQA Ventures, Chennai, Tamil Nadu, mahesh.ramakrishnan@ainqa.com
- Dr. Sheetal Watile, Chair person, Jagadambha Education Trust, Yavatmal, Maharashtra, swatile1127@gmail.com